

KIDS CLASS SCHEDULE

MON

6:30pm
Kids Kickboxing

TUES

12pm Boxing
Fundamentals

5pm Teen BJJ

6pm Kids BJJ

6:30pm Boxing
Fundamentals

WED

4:00pm - 5:00pm
Youth Wrestling

6:30pm
Beginners
Kickboxing

THURS

12pm Boxing
Fundamentals

5pm Teen BJJ

6pm Kids BJJ

6:30pm Boxing
Fundamentals

FRI

4:00pm - 5:00pm
Youth Wrestling

6:30pm
Beginners
Kickboxing

SAT

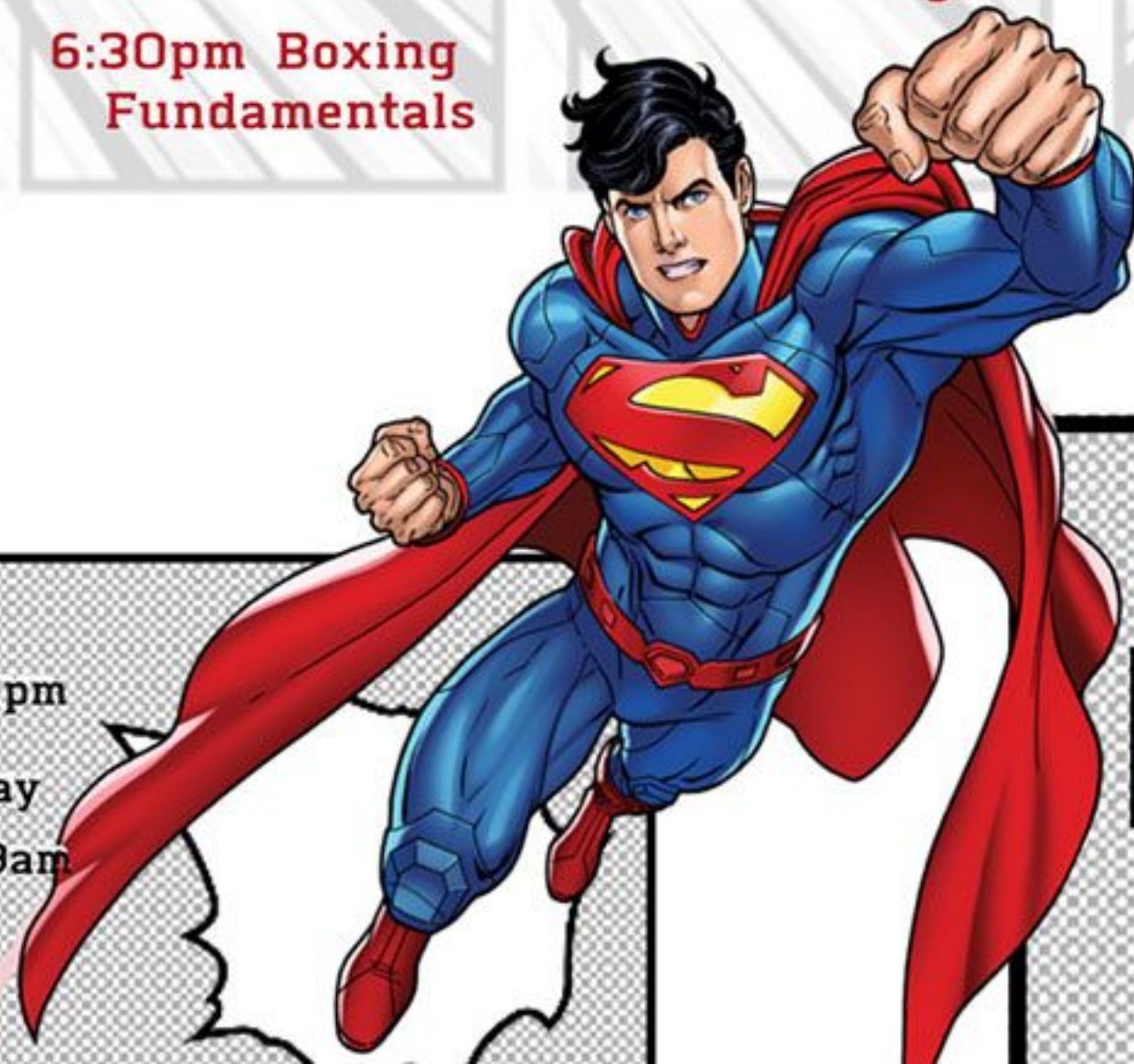
8am Filipino
Stick Fighting

9am Boxing
Fundamentals

9am Kids MMA

TEENS CLASS AGE RANGE 13 AND UP

KIDS CLASS AGE RANGE: 5-12



Monday - Friday

5:30am - 1pm And 4-9pm

Saturday

6am - 11am

Sunday

6am - 9am

STEEL
ATHLETICS

**CONTACT
US**

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